

Råda ProvaPå -triathlon, 20170529

Nummer	Efternamn	Förnamn	Bana	Totaltid	Simning (+ växling 1)	Cykling	Löpning (+ växling 2)
101	Luhr	Magnus	Long	01:28:23	00:22:27	00:37:10	00:28:45
102	Borglund	Anders	Long	01:15:35	00:21:18	00:29:13	00:25:02
104	Wahlsten	Göran	Long	01:22:01	00:21:38	00:32:13	00:28:09
105	Lindquist	Christian	Long	01:08:47	00:15:03	00:30:07	00:23:36
106	Kuurne	Johan	Long	01:14:46	00:17:49	00:31:18	00:25:38
107	Johansson	Robert	Long	01:13:27	00:17:05	00:30:57	00:25:24
108	Nilsson	Johan	Long	01:14:53	00:21:55	00:29:57	00:23:00
110	Knutsson	Anna	Long	01:16:20	00:20:33	00:37:53	00:17:53
111	Gumabon	Erik	Long	01:11:56	00:19:24	00:29:28	00:23:03
112	Lüppert	Mattias	Long	01:07:41	00:16:49	00:28:57	00:21:54
114	Collstedt	Carina	Long	01:47:51	00:30:50	00:00:00	01:17:01
115	Olsen	Fredrik	Long	01:29:20	00:21:07	00:34:24	00:33:47
116	Gerlam	Mats	Long	01:06:25	00:19:12	00:32:48	00:14:24
118	Ekbäck	Johan	Long	01:13:39	00:17:59	00:30:06	00:25:33
119	Andersson	Per	Long	01:21:49	00:23:09	00:31:19	00:27:20
120	Hansson	Nicklas	Long	01:07:10	00:15:53	00:28:45	00:22:31
121	Andersson	Marina	Long	01:10:22	00:15:41	00:31:26	00:23:14
122	Hansson	Lena	Long	00:19:14	00:19:14	00:00:00	00:00:00
123	Söhnchen	Mikaela	Long	01:20:26	00:19:25	00:33:31	00:27:29
124	Kjellerup	Jens	Long	01:17:35	00:00:00	00:32:07	00:25:01
125	Flod	Jonathan	Long	01:01:01	00:13:42	00:28:10	00:19:08
126	Lihnell	Markus	Long	01:05:22	00:14:50	00:27:43	00:22:48
127	Pesonen	Henri	Long	01:04:23	00:14:23	00:29:41	00:20:18
128	Lundgren	Camilla	Long	01:20:10	00:19:41	00:33:40	00:26:48
129	Pinakas	Thanos	Long	01:28:41	00:23:47	00:34:05	00:30:49
130	Sheppard	Robert	Long	01:12:17	00:16:44	00:30:20	00:25:12
131	Horkeby	Simon	Long	01:19:16	00:21:42	00:32:59	00:24:35
132	Andersson	Ida	Long	01:19:20	00:19:27	00:33:31	00:26:22
134	Barett	Christoffer	Long	00:53:03	00:23:00	00:30:02	00:00:00
135	Blomqvist	Johan	Long	01:12:39	00:17:35	00:31:24	00:23:39
137	Ekstrand	Magnus	Long	01:09:08	00:17:31	00:29:08	00:22:28
140	Da silva	Melina	Long	01:18:39	00:20:17	00:33:48	00:24:33
141	Bengtsson	Jenny	Long	01:16:40	00:24:18	00:37:11	00:15:10
142	Ladeborn	Filip	Long	01:09:00	00:14:11	00:31:46	00:23:02
143	Norberg	Sebastian	Long	00:56:28	00:12:26	00:25:37	00:18:24
144	Andersson	Sara	Long	01:27:29	00:22:10	00:35:39	00:29:40
145	Ask	Andreas	Long	01:08:55	00:16:34	00:29:14	00:23:07
146	Johansson	Patrick	Long	01:17:54	00:20:09	00:30:21	00:27:24
147	Johansson	Ros-Marie	Long	01:35:11	00:26:08	00:00:00	01:09:02
148	Örabäck	Jonas	Long	00:59:09	00:13:36	00:26:38	00:18:53
149	Johansson	Linus	Long	01:10:17	00:16:26	00:29:16	00:24:33
151	Lavaine	Pierre	Long	01:18:20	00:21:35	00:31:09	00:25:35
152	Sjöstrand	Hans	Long	01:29:55	00:23:19	00:35:50	00:30:44
153	Svensk	Sara	Long	01:01:50	00:13:55	00:27:48	00:20:06
154	Dahl	Fredrik	Long	01:19:09	00:19:07	00:34:04	00:25:57
155	Karlsson	Johanna	Long	01:23:01	00:21:21	00:34:28	00:27:11
157	Olsson	Tobias	Long	01:17:47	00:22:36	00:32:03	00:23:07
160	Tönnäng	Lenny	Long	01:14:23	00:18:08	00:31:35	00:24:39
161	Sunde	Malin	Long	01:21:33	00:20:06	00:34:45	00:26:42
162	Sunde	Carl	Long	01:11:38	00:17:19	00:31:35	00:22:43

164	Martin	Jonas	Long	01:26:43	00:21:09	00:38:38	00:26:54
165	Andreasson	Fredrik	Long	01:04:14	00:14:53	00:28:15	00:21:06
166	Wramling	Helge	Long	01:17:15	00:19:30	00:31:45	00:25:59
167	Eng	Jakob	Long	01:10:09	00:19:09	00:31:02	00:19:57
168			Long?	01:13:34	00:15:57	00:31:40	00:25:56
169			Long?	01:23:19	00:20:29	00:36:13	00:26:36
170	Jonsson	Torbjörn	Long	01:16:15	00:19:18	00:31:19	00:25:37
171	Bergqvist	Henning	Long	01:07:03	00:15:15	00:29:21	00:22:26
172	Blomqvist	Jens	Long	01:32:16	00:21:57	00:00:00	01:10:19
173	Lillhage	Chritoffer	Long	01:11:28	00:16:28	00:33:05	00:21:54
174	Skancke	Espen	Long	01:30:47	00:22:51	00:35:16	00:32:39
175	Göök	Ola	Long	01:27:05	00:21:46	00:36:47	00:28:32
176	Lundgren	Joel	Long	01:28:56	00:23:31	00:00:00	01:05:24
177	Broms	David	Long	01:00:22	00:12:53	00:28:12	00:19:16
178	Aziz	Rami	Long	01:08:19	00:16:09	00:29:51	00:22:18
179	Reh binder	Åke	Long	01:25:53	00:17:28	00:36:10	00:32:15
180	Andersson	Andreas	Long	01:14:35	00:18:36	00:31:51	00:24:07
184	Aspgård	Jerker	Long	01:04:50	00:15:12	00:29:20	00:20:17
185	Bylerius	Mattias	Long	01:11:22	00:18:12	00:29:42	00:23:27
187	Forsman	Fredrik	Long	01:08:33	00:17:02	00:28:42	00:22:47
188	Ericsson	Andreas	Long	01:12:36	00:18:57	00:28:54	00:24:44
191	Hansen	Ulf	Long	01:05:26	00:14:08	00:29:16	00:22:01
192	Rådberg	Daniel	Long	01:20:47	00:19:39	00:33:28	00:27:39
194			Long?	01:20:40	00:19:57	00:32:20	00:28:22
195	FLINTA	Martin	Long	00:40:30	00:13:14	00:27:15	00:00:00
100	Mattsson	Magnus	Short	00:40:25	00:09:18	00:17:00	00:14:06
103	Petersson	Mathias	Short	00:39:04	00:08:19	00:17:00	00:13:44
109	Johansson	Malin	Short	00:41:05	00:08:39	00:18:45	00:13:40
113	Örn Heijel	Linda	Short	00:45:11	00:10:01	00:19:12	00:15:57
117	Parker	Jeremy	Short	00:56:06	00:23:01	00:17:21	00:15:44
133	Backman	Hanna	Short	00:49:10	00:11:35	00:18:41	00:18:53
136	Ljungqvist	Mattias	Short	00:45:05	00:12:44	00:16:56	00:15:24
138	Liljesson	Malin	Short	00:42:14	00:08:15	00:17:02	00:16:57
139	Olsson	Lisa	Short	00:41:19	00:08:35	00:16:54	00:15:49
150	Lindahl	Jennie	Short	00:46:00	00:08:55	00:20:29	00:16:34
156	Bodell	Oscar	Short	00:40:55	00:10:05	00:16:42	00:14:08
159	Alard	Rikard	Short	00:38:21	00:07:24	00:16:27	00:14:29
163	Kratz	Daniel	Short	00:37:09	00:06:59	00:15:51	00:14:19
181	Persson	Tove	Short	00:48:28	00:10:46	00:23:34	00:14:06
182	Larsson	Matilda	Short	00:52:32	00:11:39	00:23:56	00:16:56
183	Barkman	Tomas	Short	00:40:32	00:07:16	00:18:44	00:14:31
186	Urbanska	Joanna	Short	00:47:26	00:09:03	00:19:13	00:19:09
189	Cullbrand	Lisa	Short	00:50:00	00:10:34	00:22:42	00:16:43
190	Cullbrand	Anders	Short	00:39:50	00:08:32	00:16:49	00:14:27
193	Smalst. Khatt.	Mikael	Short	00:56:31	00:13:13	00:00:00	00:43:18
158			Short?	00:40:52	00:08:41	00:16:28	00:15:41